



# **NEWSLETTER**

## **GET READY FOR A REAL BLENDED-LEARNING EXPERIENCE**

# UPCOMING EVENTS

**15** 

Assumption of the Virgin Mary

22 SUN Agros Race (Agros village)

### **QUICK TIP!**

COPING WITH HEAT DURING COVID-19

- Take a 6-feet distanced 'mask break' if you are getting too hot in public places.
- Drink lots of water.
- Stay in the shade and avoid the hottest hours.
- Wear loose, light clothing and a hat.
- Ventilate your house / office early in the morning (or evening) when temperatures are cooler.
- Prefer to stay cool at home.



1997

As we are getting ready to launch a new academic year under the cloud of the coronavirus, we strive to find the balance between learning and safety. This is to be achieved with less physical presence at the College premises but ensuring that students make the most of their learning experience. To this end, for Fall 2021, we opted for blending learning that combines face-to-face and online classes in real time via MS Teams.

### **Get to know Ms. Andria Onoufriou**

Mrs. Andria Onoufriou is a member of the administrative staff of our College. She holds the position of the Educational Councellor and her office is on the ground floor of Campus B. She is a young and enthusiastic lady and she can easily understand the students'



concerns. She is the one to guide you in building your career and ensure that your educational needs are satisfied.

- What's the most exciting part of your job?
- The fact that I help people find their way in their professional life.
- What's something you find challenging about your work?
- The fear of accountability for guiding someone towards the wrong direction.
- What motivates you at work?
- The climate at my workplace, the bonding with my colleagues, and the new tasks I get engaged with.

# Open-air cinema nights

From July 14<sup>th</sup> to September 11<sup>th</sup> (every Wednesday to Sunday) open-air film screenings are taking place at the outdoor Constantia cinema in Nicosia. The films are screened in their original language with subtitles in Greek or English. Tickets can be purchased at www.tickethour.com.cy.



'August is like the Sunday of summer.' - unknown -

# **Assumption Day** August 15<sup>th</sup>

Assumption of the Virgin Mary is a public holiday in Cyprus. It is one of the main Orthodox religious holidays that honours the Virgin Mary's ascent to heaven. The biggest celebrations are held in Kiti village, Larnaca and include performances, music and dancing.

Many companies and shops extend their August 15<sup>th</sup> holiday up to a week or more. So, if you intend to visit a place during those days, make sure first that it is open.

# **International Youth Day** August 12<sup>th</sup>

Each year on August 12<sup>th</sup>, we observe International Youth Day. The day honors the youth and the promising future in today's society. On this occasion, be reminded that as our students are holders of the European Youth Card, you can enjoy discounts found on https://europeanyouthcard.onek.org.cy/en/privileges-in-cyprus/.

#### Free rapid testing is restricted

As of August 1st, free rapid tests through the mobile testing units are only offered to those who have been vaccinated or hold a COVID-19 recovery certificate within the last 6 months.

#### **HOSPITALITY CORNER**

#### **International Beer Day**

International Beer Day is celebrated on the first Friday in August. This year, the day falls on August 6<sup>th</sup>. Pairing food with drinks is often a chef's main duty. Beer is better paired with food as following:

- Bitter beers can work with bitter food; e.g. an endive salad.
- With burgers, you can get away with almost anything.
- The intensity of the beer and the food must be equal in terms of strength.
- Sweet beers balance spicy and sour flavours.