

CARNIVAL EVENTS 2022

For the second consecutive year the pandemic will not allow us to organize one of the most entertaining Carnival events (Limassol's Carnival parade) held every year. However, some events organized by the Municipality of Limassol, are still in plan to change our mood. Participation in the carnival events is free for everyone, having in mind the limited number of people allowed and the measures taken, so put your costumes on and get ready for some fun. For more information visit [The crazy carnival is coming to Limassol again - cyprus-digest.com](https://www.cyprus-digest.com)



International Studies Expo

Casa College is happy to announce that we will be taking part in the International Studies Expo held in Nicosia on the 19th and 20th of March 2022 at the Cyprus State Fair from 14:30 to 19:30. If you have any enquiries about what to study, the costs, lifestyle and culture, entry requirements and your future in the field of your choice, join us and we will make sure all your queries are answered.

Cyprus to lift flight restrictions in March

Entry requirements will be lifted on March 1 for inbound travelers who have a valid vaccination certificate showing they received a booster shot, the country's tourism minister said on Wednesday. Cyprus currently requires individuals to either show proof of a negative Covid-19 test or to self-quarantine upon arrival. The Mediterranean island nation plans to do away with those requirements for people who have been vaccinated. Certificates for travelers who haven't received booster shots will be accepted if nine months haven't passed since they received their last dose. Transport Minister Yiannis Karousos said unvaccinated adults will still be allowed into the country as long as they comply with testing and quarantine requirements that depend on their country of departure.



UPCOMING EVENTS

MARCH 2022

- 07**
MON **Green Monday**
(Public holiday)
- 08**
TUE **International Women's day**
- 14-18**
MON-FRI **Mid-Term exams**
(Casa College)
- 25**
FRI **Greek Independence Day**
(Public holiday)

Your dreams
Our aim

Daylight Saving Time



Why do we change the clocks twice a year? Is it for a scientific reason, possibly to do with the positioning of the sun in summer and winter? To put it bluntly, no. The idea was first entertained because some people thought that by sleeping through daylight in the summer, the day was being wasted. This first started in the Spring of 1916, during World War One, when the German army turned the clocks forward as a way of conserving energy. Many, but not all governments followed suit shortly afterwards. Therefore, when the local time is about to reach Sunday 27st of March 2022, 3:00, clocks will be turned forward one hour to Sunday 27st of March 2022 4:00.

10 ACTS OF KINDNESS TO MAKE THE WORLD A BETTER PLACE

- Contribute to a charity
- Show empathy
- Point out the positive for someone
- Tell someone that they matter
- Positive reinforcement
- Say "Thank you" more often
- Write a note of encouragement
- Forgive
- Make others a priority
- Just be nice!