

## ERASMUS+ EXPERIENCE

Enhancing our quality education, Casa College has delightfully completed the first mobility in 2023, within the framework of the Erasmus+ programme. The Director of Admissions & Enrolment Department, Mrs. Andria Onoufriou has participated in the IRO Valencia event at the Polytechnic University of Valencia. IRO Valencia is an international training and coaching event that aims to improve key professional skills.



In addition, two members of the administrative staff of Sapientia Hungarian University of Transylvania visited our college within the Erasmus+ Programme on the 15<sup>th</sup> and 16<sup>th</sup> of March. Mrs. Csilla Godri and Mrs. Kinga Szekely had productive conversations with the President of the College, the Academic Director, the Head Registrar, the Director of Admissions & Enrolment Dpt and the Director of Student Affairs & Welfare Dpt, about several academic processes – bringing back to their university new and innovative ideas.

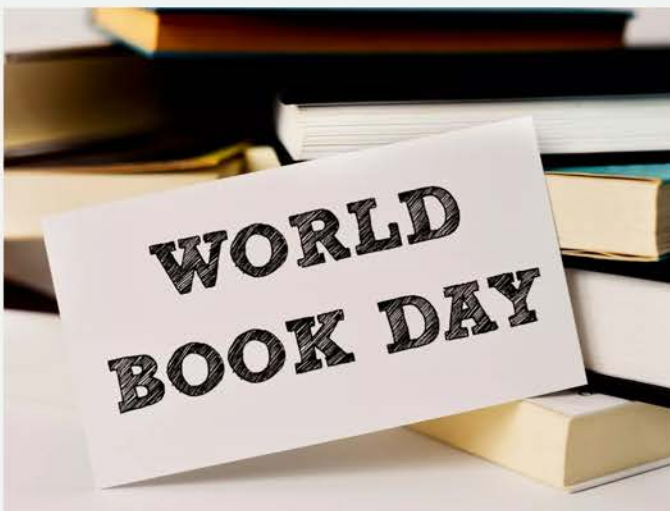
### UPCOMING EVENTS

1 APR	<b>EOKA Day</b> Public Holiday
7-9 APR	<b>17<sup>th</sup> Save Energy Exhibition</b> CyprusExpo Nicosia
10-23 APR	<b>Easter Holidays</b> Greek Orthodox Easter

## WORLD BOOK AND COPYRIGHT DAY

April 23<sup>rd</sup>

World Book and Copyright Day is a celebration to promote the enjoyment of books and reading. Each year, on 23 April, celebrations take place all over the world to recognize the scope of books – a link between the past and the future, a bridge between generations and across cultures. 23 April is a symbolic date in world literature. It is the date on which several prominent authors, William Shakespeare, Miguel de Cervantes and Inca Garcilaso de la Vega all died.



*"Indeed, books are vital vehicles to access, transmit and promote education, science, culture and information worldwide".*  
Audrey Azoulay (Director – General of UNESCO)

## FUTNET

Futnet Association Cyprus was established in 2016. It is also known as football tennis. You can play indoors or outdoors on a court divided by a low net. Our own Casa College student Robert Ionut Cristian Lungu is a member of the Cyprus National Team.



On the 19<sup>th</sup> of March, Futnet Association Cyprus celebrated its 7<sup>th</sup> anniversary. On this occasion, an event was organized, and it was a great opportunity to promote this sport.

## CYPRUS NATIONAL DAY

April 1<sup>st</sup>

Cyprus National Day takes place April 1, each year. On April 1<sup>st</sup> 1955, EOKA (National Organization of Cypriot Fighters) was established. The organization's purpose was to fight and gain Cyprus Independence from the British and unification with Greece. Unlike Cyprus Independence Day, National Day honours the beginning of Cypriots' revolt against the British. It serves as a powerful reminder to the entire nation of the history prior to independence, including the hardships they faced. It serves as a symbol of reward and retreat for all citizens, reminding to the people the country's hard-won freedom.

## GREEK ORTHODOX EASTER

April 16<sup>th</sup>

Easter is the most important religious holiday for Christians around the world. It celebrates Jesus Christ's resurrection from the death after he was crucified for the sins of the world. Easter is a movable feast and this year it falls on Sunday, April 16. On Easter Sunday, also called as "Pascha", all the family gathers for a celebration. Roast lamb, dyed eggs and flaounes are the main traditional Easter foods. Relatives and friends are warmly embraced and greeted with the words Kalo Pascha (Happy Easter) and Christos Anesti (Christ is risen).



## ISLAMIC RAMADAN

Ramadan is the first celebration on the Islamic calendar which marks a four – week period of fasting. Ramadan for the year 2023 started on the evening of Wednesday, March 22<sup>nd</sup> lasting 30 days and ending at sundown on Friday April 21<sup>st</sup>, with the arrival of Eid al – Fitr which literally translates to "festival of breaking the fast". Fasting during Ramadan means abstinence from all food or drink, including water and chewing gum, from dawn to sunset. After sunset, when Muslims are allowed to eat and drink, they mostly consume dates, fruits, vegetables, nuts, camel milk and water.

### HOSPITALITY CORNER

#### FLAOUNES – CYPRUS EASTER BREAD

Flaounes (pron. Flah-ou-ness) is a traditional Cypriot Easter cheese filled bread. The filling is made with a mixture of Cypriot cheese, leaven, eggs, raisins and herbs such as mahlepi, mastic, mint and cinnamon. Pieces of dough are then filled up with the mixture and made into pies either square or triangle shaped. The pies are baked in the oven until golden – brown.

