

<b>Course title</b>	<b>Health and Safety and Life Working on a Cruise Ship</b>				
<b>Course code</b>	<b>CSH - 113</b>				
<b>Course type</b>	Compulsory				
<b>Level</b>	Certificate				
<b>Year / Semester</b>	Year 1/Semester 1				
<b>Teacher's name</b>					
<b>ECTS</b>	7	<b>Lectures/week</b>	5	<b>Laboratories/week</b>	-
<b>Course purpose and objectives</b>	<ol style="list-style-type: none"> <li>1. To provide students with a comprehensive understanding of health and safety regulations and protocols specific to the cruise ship industry.</li> <li>2. To equip students with the necessary knowledge and skills to identify and mitigate potential hazards and risks in a cruise ship environment.</li> <li>3. To familiarize students with emergency response procedures and protocols applicable to various onboard situations.</li> <li>4. To educate students on maintaining personal health and well-being while working on a cruise ship.</li> <li>5. To develop students' awareness of the importance of maintaining a safe and healthy environment for passengers and crew members.</li> </ol>				
<b>Learning outcomes</b>	<p>By the end of this module, students should be able to:</p> <ol style="list-style-type: none"> <li>1. Demonstrate a thorough understanding of health and safety regulations relevant to working on a cruise ship.</li> <li>2. Identify potential hazards and risks onboard a cruise ship and implement appropriate control measures.</li> <li>3. Effectively respond to emergencies such as fires, medical emergencies, and evacuation procedures.</li> <li>4. Apply principles of personal health and hygiene to maintain well-being while working in a confined ship environment.</li> <li>5. Collaborate with team members to promote a culture of safety and health awareness onboard.</li> </ol>				

<b>Prerequisites</b>	N/A	<b>Required</b>	N/A
<b>Course content</b>	<ul style="list-style-type: none"> <li>▪ Introduction to Health and Safety in the Cruise Ship Industry</li> <li>▪ Hazard Identification and Risk Assessment</li> <li>▪ Emergency Response Procedures</li> <li>▪ Personal Health and Well-being</li> <li>▪ Safety Equipment and Procedures</li> <li>▪ Environmental Health and Safety</li> <li>▪ Promoting a Culture of Safety</li> </ul>		
<b>Teaching methodology</b>	<ul style="list-style-type: none"> <li>▪ Lectures and Presentations</li> <li>▪ Case Studies and Scenarios</li> <li>▪ Interactive Workshops and Group Discussions</li> <li>▪ Guest Lectures and Industry Visits</li> <li>▪ Self-Directed Learning and Research Assignments</li> <li>▪ Assessment and Feedback</li> </ul>		
<b>Bibliography</b>	<p><u>Books:</u></p> <p>Ballard, K. D. (2017). Safety and Security Review for the Cruise Industry: A Study Guide for the Cruise Line Industry Security Officer. CreateSpace Independent Publishing Platform.</p> <p>Soulé, Nancy (2023). Work at Sea, See the World: An Insider's Secrets to the Working Life on a Cruise Ship, Published by Newman Springs.</p> <p><u>Websites:</u></p> <p>International Maritime Organization (IMO). (<a href="https://www.imo.org/">https://www.imo.org/</a>)</p> <p>Cruise Lines International Association (CLIA). (<a href="https://cruising.org/">https://cruising.org/</a>)</p> <p>Centers for Disease Control and Prevention (CDC). (<a href="https://www.cdc.gov/">https://www.cdc.gov/</a>)</p> <p><u>Articles &amp; Journals:</u></p> <p>Hopkins, A. (2016). "Safety, culture, and risk: The organisational causes of disaster." Safety Science, 100, 21-29.</p>		
<b>Assessment</b>	<p><b>1. Written Assessments (30%):</b></p> <ul style="list-style-type: none"> <li>▪ <b>Regulatory Compliance Test:</b> a written test where students' understanding of health and safety regulations relevant to working on a cruise ship will be assessed. Questions can cover topics such as SOLAS (Safety of Life at Sea), ISM (International Safety Management) Code, and CDC (Centers for Disease Control and Prevention) guidelines.</li> </ul>		

	<ul style="list-style-type: none"> <li>▪ <b>Hazard Identification Exercise:</b> scenarios or case studies where students need to identify potential hazards and risks onboard a cruise ship and propose appropriate control measures to mitigate these risks.</li> </ul> <p>2. <b>Practical Assessments (20%):</b></p> <ul style="list-style-type: none"> <li>▪ <b>Emergency Response Drill:</b> simulated emergency drills will be conducted, such as fire drills or medical emergency scenarios, where students demonstrate their ability to effectively respond to emergencies and follow established procedures.</li> </ul> <p>3. <b>Group Projects (30%):</b></p> <ul style="list-style-type: none"> <li>▪ <b>Emergency Preparedness Plan:</b> groups of students will be assigned to develop comprehensive emergency preparedness plans for different types of emergencies onboard a cruise ship. Plans should include roles and responsibilities, communication protocols, and evacuation procedures.</li> </ul> <p>4. <b>Role-plays and Simulations (20%):</b></p> <ul style="list-style-type: none"> <li>▪ <b>Emergency Response Simulation:</b> role-plays where students take on different roles in responding to simulated emergencies so that students practice communication, teamwork, and decision-making skills under pressure.</li> </ul> <p style="padding-left: 40px;">or</p> <ul style="list-style-type: none"> <li>▪ <b>Hygiene Protocol Simulation:</b> Simulate scenarios where students must demonstrate proper hygiene protocols, such as handwashing techniques, food handling procedures, and sanitation practices in common areas.</li> </ul> <p>5. <b>Observation and Feedback:</b></p> <ul style="list-style-type: none"> <li>▪ <b>Performance Evaluation:</b> Students will be observed during practical exercises and drills, providing feedback on their ability to follow safety protocols, communicate effectively, and collaborate with team members.</li> <li>▪ <b>Peer Review:</b> peer review will be incorporate into group projects, where students assess each other's contributions to the development of safety plans and promotion campaigns, fostering accountability and teamwork.</li> </ul>
<b>Language</b>	English