

Building Community Through New Activities

Daive Iori

Building a strong and welcoming community is at the heart of campus life. This Fall Semester, we are introducing a variety of new activities designed to bring students together, celebrate our diverse cultures, and create opportunities for connection beyond the classroom. The College cafeteria will soon reopen, providing another space for our community to gather and grow. Among the new initiatives is our Book Crossing & Book Club, encouraging students to donate and borrow books in their native languages, making reading more accessible while celebrating our cultural diversity through regular discussions.

For those interested in writing, photography, or media, the Casa Media Omada Club offers opportunities to contribute to Casa Times, our magazine, helping develop communication skills and giving a voice to student life on campus. Additionally, we are excited to announce the formation of the Casa College Cricket Team and are looking for enthusiastic individuals to join this project!

Building Global Perspectives Through Erasmus+

Ms Kalia Papayianni recently completed the Erasmus+ Blended Intensive Programme, "Preparing Students for an Intercultural Environment," at the Romanian-American University in Bucharest, Romania. The programme focused on intercultural communication, cultural awareness, and exchanging best practices among higher education professionals.



"It was an insightful programme that provided valuable ideas and perspectives which I look forward to applying in our school to further support our students and promote an inclusive learning environment."
Ms Kalia Papayianni

The experience reflects the value of Erasmus+ in strengthening international collaboration, professional development, and cultural exchange within education.

The Reality of Balancing Classes, Work, and a Social Life

Christine C. Archival

According to Mozart, "The shorter way to do many things is to only do one thing at a time." This quote highlights the importance of focus and effective time management. As an international student for almost three years in Cyprus, time has always been a challenge for me. Balancing academic responsibilities, part-time work at the hotel, and maintaining a social life often requires careful decision-making and organisation.

In order to avoid being overwhelmed, focusing on one task or goal at a time helps me stay organised. To make good use of your time, one must know the most important and less important things to do. Undeniably, no matter how much we try to manage our lives, time is beyond our control; we just need "priority management" to make use of what we have.

Here are some practical tips which helped me personally:

- 1. Follow a Weekly Planner:** Schedule classes, work shifts, and personal time to stay organised.
- 2. Keep Notes:** Write down reminders and to-do lists using your phone's notes app or a notebook.
- 3. Remember to Recharge:** Take short breaks, enjoy hobbies, and spending time with friends or family can prevent burnout.
- 4. Learn to Say No:** Decline other commitments when your schedule is already full.
- 5. Ask for Help When Needed:** Reach out to lecturers, classmates, or friends if you're struggling.

Dr Pandelis Mitsis at the Erasmus+ International Staff Week

Dr Pandelis Mitsis participated in the 7th International Staff Week (ISW) under the Erasmus+ Programme, joining academic staff and international relations professionals from 18 universities across 13 countries and three continents.



The event provided a valuable opportunity to exchange knowledge, share best practices, and engage in meaningful discussions on internationalisation, mobility, and cooperation in higher education.

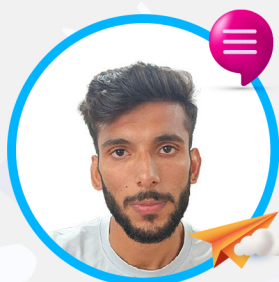


Through this Erasmus+ experience, Dr Mitsis gained new perspectives, strengthened international connections, and explored opportunities for future academic collaboration and partnerships.

Kicking Off the Fall Semester with Student Orientation

Christine C. Archival

Casa College warmly welcomed new students for the Fall Semester of 2026 during an orientation held in July 2026. Led by our Student Affairs Officer, Mr Viovelson Cortez, the session introduced students to important college policies, including attendance requirements and payment plans.



"One student, Saad Ishtiaq, commented that this orientation was an opportunity to stay updated and informed about the policies before the start of the semester."

The orientation also covered essential academic expectations, such as the academic calendar, the exam and grading system, and various aspects of campus life. As we prepare for the upcoming orientations for Foundation and Casa High School students, Casa College is committed to ensuring that all incoming students are well-prepared for a successful and enriching academic year ahead.

